

LA CHAINE DES ROTISSEURS
CONCOURS INTERNATIONAL DES JEUNES COMMIS ROTISSEURS
MSA, ISTANBUL - TURKEY
September 06, 2013



Black Box

MANDATORY ITEMS		NON-MANDATORY ITEMS					
Fish Whole Sea Bass	1 pc	Vegetables Cabagge, white	200 g	Herbs Dill	0.5 bunch	Dry Goods Smoked bulghur (firik)	300 g
Poultry Chicken breast, skin on 130 g	4 pc	Carrots	300 g	Parsley, flat	0.5 bunch	Red lentil	200 g
Vegetable Chard leaves	500 g	Onions	300 g	Rosemary	1 bunch	Walnuts	100 g
Fruits Peach	1 kg	Squash	500 g	Thyme	1 bunch	Hazelnuts	100 g
Fruits Apple, starking	2 ea	Potatoes	600 g	Mint	1 bunch	Pistachio	100 g
Figs	400 gr	Garlic	50 g	Basil, purple	1 bunch	Apricots, dry	100 g
Melon, Honeydew	1 ea	Avocado	4 ea	Tarragon	1 bunch	Sultanas	50 g
Lemon	4 ea	Tomatoes, roma	500 g	Alcohol White Wine	500 g	Pine kernels	50 g
Grapes, black	300 g	Tomatoes, cherry	12 ea	Red wine	500 g	Almonds	100 g
Loquat / Malta Eriği	8 ea	Eggplant, Boston	4 adet	Brandy	100 g	Rice, Baldo	300 g
Apricots	8 pc	Leeks	2 pc	Raki (anise-flavored spirit)	100 g	Pommegrenate syrup	200 ml
Cherries	400 g	Cauliflower	500 g	Dairy Cream 35%	1 lt	Meat Beef tenderloin	600 g
		Pepper red (Kapyra)	2 ea	White cheese (Feta type)	200 g	Sea Food Prawn, jumbo	8 ea
		Bell pepper, yellow	2 es	Stocks Brown stock	500 ml		
		Scallion (Spring onion)	1 bunch	Fish stock	500 ml		
		Eggplant, Boston	4 pc	Chicken stock	500 ml		
		Mixed salad greens	300 g	Celery stock	500 ml		
		Baby spinach leaves	200 g				
		Fresh samphire	300 g				

Common Table

Grocery	Grocery	Grocery
Sugar, castor	Vinegar, Balsamic	Gelatin leaves
Sugar, brown	Vinegar, grape	Chocolate, semisweet
Salt	Vinegar, rice	Eggs
Pepper, white	Mustard, Dijon	Honey
Pepper, black	Vanilla bean	Sumac
Flour, all purpose	Toast bread	Mastic gum
Flour, bran	Sesame seeds	Tahini / Sesame paste
Olive oil, extra virgin	Baking powder	Vine leaves in Brine
Sunflower oil	Tomato paste	
Cumin seeds	Red pepper paste (sweet)	Dairy
Cinnamon stick	Vine leaves in Brine	Butter, unsalted
Yeast	Corn starch	Milk, UHT whole milk
Panko (for breading)	Bay leaves	Turkish natural Yoghurt

2013

English