



COMPETITION CHECK LIST 2021 Paris

Congratulations on winning your National Jeunes Chefs Competition. The following list will allow you to come prepared to the competition. All items in **BOLD are mandatory** and those that are not are optional.

Visa

Some countries require a visa to enter France. Click

https://france-visas.gouv.fr/en_US/web/france-visas/

to see if citizens of your country require visas. Remember that it can take up to 2 months to get a visa.

COVID-19 Vaccination: France is laying preparations to allow fully vaccinated persons to enter France with conditions. Only those vaccinated with the approved EU vaccination will be allowed to enter. We are not certain of the final details of vaccine status and quarantine rules that will be put in place so do your research ahead of time to ensure you are eligible to enter France. Be aware of the rules in your country upon reentry. Will you need to have a negative COVID-19 test prior to getting on an airplane to return home? If so please advise Lois Gilbert the Committee Jeunes Chefs On-Site Manager lois-gilbert@rogers.com of your return requirements. Also please check with your Bailliage that they will cover the cost of testing in Paris and costs for quarantining in your home country.

Electrical

France has the same electrical standard as the EU : 230 volts, 50Hz. Electrical sockets have two vertical slots. If you bring appliances from North America , Australia or Southeast Asia, you may need an adaptor or transformer.

The following plugs are used:



The following link will provide more information

<https://www.power-plugs-sockets.com/france/>

Personal devices:

Cell Phone: During your time in Paris, the JC Committee may need to communicate with you through email or text. Please ensure that the email you have provided on your application is your personal email that you are able to access in Paris. Lois Gilbert, the Committee Jeunes Chefs On-Site Manager, will be contacting you prior to the competition with a newsletter about the events for the week. She will be asking

you to verify your email and phone number. If you need to contact her, her email is lois-gilbert@rogers.com and her phone is +12892219195. Please download **WhatsApp** as that will be our preferred method of communication while in Paris.

Companion/Translator

The competition is conducted in English and does not supply translation services except for the Black Box ingredients, which will be written in the language of your country. Your companion may act as your translator but will only translate your menu after you have written it and may not consult with you. We provide translators for German and French only so please make sure that there is someone available from your country's Bailliage to assist in translation. Please discuss this with your sponsor.

Competition Manual

It is in your best interest to read and understand the chapter of the competition manual that relates to the competitor. The manual is found on the competition web page.

PERSONAL

For the Competition

Chef Pants (black or black-checked)

Apron (black or white)

For the Awards

Black dress pants

Black dress shoes

COMPETITION

Approved Hand Tools for Competitors (none of the following items will be supplied)

Knives

Knife Sharpener

Mold, Ring

Cutters (pastry)

Scissors

Vegetable peeler

Skewers (for cooking only)

String

Acetate (clear plastic strips)

Parchment Paper or Transfer acetate for baking or chocolate

Spatulas (metal, rubber etc.)

Piping Bags (cloth or plastic) and tips

Serving spoon (small)

Scoop (baller) for fruit or vegetables

Kitchen and oven towels

Weight scales

Thermometer

Silicon mats

Graters

Piping bottles

Mandolin

Pasta Machine (non-electric)

Water bath circulators

Electric hand blender

Blow torch (fuel must be bought in country of competition)

Ice cream machine, (units that require inserts to be pre frozen will not be allowed)

Plastic storage containers (max. 500ml each)

Voltage converter