



## JCR Newsletter



Association  
Mondiale de la  
Gastronomie

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*Our intention with this newsletter is to inform the new candidates for the next international competition. This newsletter will also be provided to members of Bailliages that are involved in Regional and National competitions and be posted on the JCR Alumni Facebook page. If you have any questions or concerns please contact Lois Gilbert, International JCR Committee Member at*

*Lois.gilbert@me.com*

## Mexico City, October 5-10, 2022



### Last Newsletter we posted the Competition Schedule.

It can be accessed on the Competition website

<https://competitions.chainedesrotisseurs.com/pages/24/competition-newsletters.html>

You will be required to apply for a Mexico FMM card prior to entry into Mexico. You can apply up to 30 days prior to your visit. (that would be between Sept 5-Oct 1). Below is the link with all the information and the application.

<https://e-travelonline.com/mexicofmm/?msclkid=bdc63e3069aa1b412d705cea8973b007>

Please take the time to read and become familiar with the following information:

<https://competitions.chainedesrotisseurs.com/pages/116/information-for-competitors.html>

Code of Competition

Competition Checklist

Visa Information:

<https://www.visatraveler.com/visa-guides/mexico-visa-requirements/>

**REMINDER: ALL PERSONS ATTENDING THE COMPETITION MUST BE FULLY VACCINATED** (this includes Companions )

**Please send a copy of your Vaccination Status to**

[Lois.gilbert@me.com](mailto:Lois.gilbert@me.com)

## What are you doing to prepare?

Check out previous newsletters for past competition black boxes,

Advise from previous competitors

Advise from judges.

<https://competitions.chainedesrotisseurs.com/pages/24/competition-newsletters.html>

## Tips when Arriving in Mexico

**Crime is on the increase in many highly populated areas in the world, including airports in Mexico. The following are some tips that can help you navigate through the airport without too many worries.**

1. It is very important and mandatory that you and your companion register your flights on the Competition website. This gives us the opportunity to create a pickup schedule. If you have changes to flight times or flight numbers, please let us know as soon as possible so that we can ensure you have transportation from the airport to the hotel.
2. Most of you will be bringing more than just your clothes and knives. It is advised that you have secure locks on all your luggage. Do not leave any luggage out of reach or unattended at any time. You may want to consider wrapping your checked bags, especially your tool kit. Also, remember to check the competitor checklist which lists what you can bring. The ice cream machine listed has to be the compressor style, NOT the frozen insert kind.
3. As with any crowded place, be aware of pick pockets. It is suggested you have a photocopy of all your important papers and place them in a different place than the originals. Keep your phone, passport and money in an inside pocket.
4. If for some reason you miss your scheduled transportation, use an authorized taxi. Do not get in a car with someone you do not know or is not associated with the competition. There are authorized taxi stands in the airport. You buy your taxi ticket in advance at a taxi ticket booth, and then go outside.

Hope these few tips help to make your competition experience memorable.

## FAQs

**What will be supplied in the Kitchen?** (a complete list is available on page 25 of the competition manual)

You will share a food processor and a stand mixer with one other competitor so you will be expected to clean it after each use.

Parchment paper, plastic wrap, tin foil, paper towels and a set number of cloth towels will be provided.

A limited number of pots and pans. You will be expected to clean your own pots and pans during the competition for repeated use. Kitchen helpers will clean your pots and pans at the end of the competition.

**Can my coach/companion come to the competition with me?**

You coach/companion (1) may accompany you **TO** the competition but once you start, they will **NOT** be able to watch or have contact with you until you have been permitted to leave at the end of the competition day. If you need your coach/companion for translation, once you have completed writing your menu in your native language, they will be able to translate it **WITHOUT** conferring with you. We provide oral translation in the follow languages.... French, German, Spanish. You will be provided a copy of the black box and common table in the language of your choice.

**Where do I find a copy of the competition manual?**

<https://competitions.chainedesrotisseurs.com/pages/45/manuals-and-forms.html>

**What are the common table ingredients?**

A general guideline of what you can expect is listed in the competition manual on page 21. Remember this is **ONLY** a guideline and the final list will be provided to you on the day of the competition.

**Can my companion and I go sightseeing?**

The Mexico Bailliage has go to great lengths to create a memorable programme for all the competitors (and companions if they have signed up). It is mandatory for competitors to attend **ALL** of the scheduled events in the programme. The only exception will be if you are isolating. There will be time on Saturday after the debriefing for you to explore for a few hours before the awards. Always take someone with you.

**What do I do if I get lost while on one of the tours?**

If you get separated from the group at any time, stay where you are and contact Lois Gilbert immediately through the WhatsApp group. We will find a solution to get you back on the tour. If you need to use the WC, don't walk off without telling myself or one of the organizers so we don't leave without you. This may sound like grade school but the organizing committee is responsible for your safety during the week.

**Any other questions you may have should be posted on the WhatsApp group so ALL can see the answers.**