CONCOURS INTERNATIONAL DES JEUNES CHEFS ROTISSEURS 20219
PARIS, LE CORDON BLEU, FRANCE

Mandatory Items	Amount /gr.
Fish / Mollusks	
Gurnard (Red scorpionfish) whole Fish	1 kg
Scallops	6 total
ROVA Caviar	15g
Meat / Poultry	
Snails	12 pcs.
Duck "Soulard" (whole)	1 whole
Vegetables	
Artichokes	4 whole
Beet roots	4 whole
Fruit	
Mirabelle	500 gram
Quinces (fresh)	4 whole
Chocolate	
Chocolate dark	80 gram
Chocolate whole milk	100 gram
Grain	
Red rice	300 gram
50% of Each product must be used	

Non-Mandatory Items	Amount /gr.
Vegetables / Herbs	
Basil	1 bunch
Chard	4 whole
Carrots	500 gram
Celeriac Root	1 whole
Chanterelle Mushrooms	500 gram
Chilies, Red	4 whole
Chives	1 bunch
Coriander, Fresh	1 bunch
Dill	1 bunch
Fingerling Potatoes (la ratte)	1 kg
Garlic	50 gram
Lemon	2 whole
Mint	1 bunch
Parsley, Flat	1 bunch
Parsnip	500 gram
Rosemary	1 bunch
Thyme	1 bunch
Tomatoes, on the vine	4 whole

Non-Mandatory Items	Amount /gr.
Alcohol	
Wine, White	500 ml
Wine, Red	750 ml
Cognac	100 ml
Pernod	250 ml
Dry Goods	
Vanilla Bean	2 pc
Risotto Rice	300 grams
Hazel Nuts (rubbed)	80 grams
Honey	120 gram
Dairy	
Crème Fraiche 52%	250 gram
Roquefort Cheese	100 gram
Butter unsalted	450 gram
Whipping Cream 36%	1 liter

Non-Mandatory Items	Amount /gr.