



COMPETITION CHECK LIST 2019 CANADA

Congratulations on winning your National Jeunes Chefs Competition. The following list will allow you to come prepared to the competition. All items in **BOLD are mandatory** and those that are not are optional.

Visa

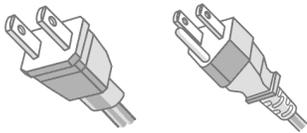
Some countries require a visa to enter Canada. Click

<http://www.cic.gc.ca/english/helpcentre/answer.asp?qnum=416&top=16> to see if citizens of your country require visas. Remember that it can take up to 2 months to get a visa.

Electrical

Canada has the same electrical standard as the US : 110V, 60Hz AC. Electrical sockets have two vertical slots. If you bring appliances from Europe, Australia or Southeast Asia, you'll need an adaptor or transformer.

The following plugs are used:



Personal devices:

Cell Phone: During your time in Calgary, the JCR Committee will need to communicate with you through email or text. Please ensure that the email you have provided on your application is your personal email that you are able to access in Canada. Lois Gilbert, the Committee Jeunes Chefs On-Site Manager, will be contacting you prior to the competition with a newsletter about the events for the week. She will be asking you to verify your email and phone number. If you need to contact her, her email is lois-gilbert@rogers.com and her phone is +12892219195.

Companion/Translator

The competition is conducted in English and does not supply translation services except for the Black Box ingredients. Your companion may act as your translator but will only translate your menu after you have written it and may not consult with you. We will have a translator for French and German. Please make sure that there is someone available from your country's Bailliage to assist in translation. Please discuss this with your sponsor.

Competition Manual

It is in your best interest to read and understand the chapter of the competition manual that relates to the competitor. The manual is found on the international competition web page.

PERSONAL

For the Competition

Chef Pants (black or black-checked)

Apron (black or white)

For the Awards

Black dress pants

Black dress shoes

COMPETITION

Approved Hand Tools for Competitors (none of the following items will be supplied)

Knives

Knife Sharpener

Mold, Ring

Cutters (pastry)

Scissors

Vegetable peeler

Skewers (for cooking only)

String

Acetate (clear plastic strips)

Parchment Paper or Transfer acetate for baking or chocolate

Spatulas (metal, rubber etc.)

Piping Bags (cloth or plastic) and tips

Serving spoon (small)

Scoop (baller) for fruit or vegetables

Kitchen and oven towels

Weight scales

Thermometer

Silicon mats

Graters

Piping bottles

Mandolin

Pasta Machine (non-electric)

Water bath circulators

Electric hand blender

Blow torch (fuel must be bought in country of competition)

Ice cream machine, (units that require inserts to be pre frozen will not be allowed)

Plastic storage containers (max. 500ml each)

Voltage converter