

CONCOURS INTERNATIONAL DES JEUNES CHEFS ROTISSEURS 2016 GREAT BRITAIN

MANDATORY ITEMS		NON-MANDATORY ITEMS					
Fish		Vegetables		Alcohol		Dairy	
Crab Cooked	1 whole	Carrots New	500g	Whisky	100ml	Double Cream	500ml
		Baby Spinach Leaves	300 g	Red Wine	500ml	Single Cream	500ml
Meat		Garlic	50 g	White Wine	500ml	Butter Un-Salted	250g
Rabbit Skinned	2 whole	Potatoes New	1k	Beer	1L	Valrhona white chocolate	
		Shallots	12 ea	Dry Goods		Valrhone dark chocolate	
Vegetable		Tomatoes	500 g	Rice Long Grain	250g	COMMON TABLE	
Winter Cabbage	1k	Baby Artichokes	4 ea	Hazel nuts	100g	Vanilla Bean	
		Pepper Green	1 ea	Sultanas	250g	Pumpkin Seeds, shelled	
Fruits		Cauliflower	1 head	Red Lentils	250g	Sesame Seeds	
Cooking Apples	1k	Mushrooms Chantrelle	250g	Honey	250g	Dried Bay Leaves	
		Celery	1 head			Tomato Purée	
Other		Parsnips	1k	COMMON TABLE		Pepper, black	
Cheese Cheddar	250g	Courgette Flower	4 each	Grocery		Sea Salt	
				Grape Seed Oil		Corn Syrup	
50% of EACH of above items MUST be used		Fruit		Goose Fat		Glucose	
		Oranges	4 ea	Sugar, brown		Agar-Agar	
		Rhubarb	1k	Sugar, white		Citric Acid	
		Lemons	4 ea	Icing Sugar		Lettuce Round	
				Wheat Flour, white			
COMMON TABLE				Semolina		Herbs	
Dairy		Grocery		Baking Powder		Dill	
Milk		Eggs		Baking Soda		Parsley	
Natural Yoghurt		Gelatine Leaves		Dried Yeast		Rosemary	
		Vinegar, Dark Balsamic		Bread Brown/White		Thyme	
Stocks		Vinegar, White		Fresh Ginger		Mint	
Knorr Vegetable		Olive Oil, extra virgin		Mustard English		Basil	
Knorr Fish		Coconut Oil		Mustard, Wholegrain		Tarragon	
		Sunflower Oil		Cinnamon stick, whole		Coriander	

2016
English