

CONCOURS INTERNATIONAL DES JEUNES CHEFS ROTISSEURS 2014 DURBAN SOUTH AFRICA

MANDATORY ITEMS		NON-MANDATORY ITEMS					
Fish		Vegetables		Alcohol		Dry Goods	
Cape Salmon whole	1kg	Onions	300g	Wine, White	500ml	Garam Masala	50g
Mussels	15ea	Potatoes	400g	Wine, Red	500ml	Caraway Seeds	20g
Poultry		Garlic	50g	Amarula Cream Liquor	250ml	Cardamon Pods	10 ea
Ostrich Fillet	800g	Carrots	300g	Stocks		Star Anise	5 ea
Chicken whole small	1ea	White Cabbage	250g	Brown stock	500ml	Turmeric	30g
Vegetable		Tomatoes, on the vine	1x6	Fish stock	500ml	Smoked Paprika	30g
Squash, butternut	1 ea	Mixed Salad Greens	300g	Chicken stock	500ml	Macadamia Nuts	100g
Fruits		Chillies, Green	6 ea	Vegetable stock	500ml	Rajah Curry Powder	50g
Avocado	4 ea	Chillies, Red	6 ea	Dairy		Protein	
Blueberries	200g	Baby corn	8 ea	Meadowland Classique non dairy cream	200ml	Lambs Kidneys / ostrich liver	200g
Papino (paw paw)	2 ea	Marrow Baby (courgette)	8 ea	Sweetened Condensed Milk	100ml		
Other		Herbs		COMMON TABLE			
Valrhona dark chocloate	300g	Dill	1 bunch	Grocery		Grocery	
Valrhona white chocolate	300g	Parsley, flat	1 bunch	Sugar Castor		Cinnamon Stick	
		Thyme, lemon	1 bunch	Sugar Brown		Vinegar, Balsamic	
		Mint	1 bunch	Salt		Vinegar, Grape	
		Coriander, Fresh	1 bunch	Salt, flakes		Vinegar Rice	
		Oregano, fresh	1 bunch	Robertsons Crushed Black pepper		Robertsons Veggie Seasoning	
COMMON TABLE				Robertsons Whole Black peppercorns		Robertsons Cayenne Pepper	
Grocery		Dairy		Robertsons White Pepper		Robertsons Fish Spice	
Bread Crumbs		Butter, unsalted		Flour, all purpose		Knorr Lemon & Herb Dry marinade	
Juniper Berry		Milk, UHT 2% Long Life		Flour, bran		Vanilla Bean	
Corn Starch		Marvello Butter Flavour		Olive Oil, extra virgin		Baking Powder	
Knorr Tomato Pronto		Buttermilk		Sunflower oil		Gelatine Leaves	
				Yeast Fresh		Chocolate, Dark	
				White Mealie Meal		Eggs	
				Lemons		Coriander, dry, ground	

2014
English